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الجامعة الأردنية
رقم النموذج: QF-AQAC-03.02
اسم النموذج: مخطط المادة الدراسية



The University of Jordan

Accreditation & Quality Assurance Center

Course Syllabus

Course Name:
Theoretical Foundation for
Psychiatric Nursing

SCHOOL OF NURSING**Master Programs****Clinical Nursing/ Psychiatric Mental Health****COURSE SYLLABUS****[2017/2018]**
-----**THE MISSION OF THE UNIVERSITY OF JORDAN**

Providing students with fulfilling learning experiences, conducting knowledge-producing research, and building firm societal ties, within an environment conducive to creativity, innovation, and entrepreneurship; making efficient use of resources and forging fruitful partnerships.

THE VISION OF THE SCHOOL OF NURSING

The School of Nursing Master's program at The University of Jordan will be increasingly recognized for its excellent and highly competitive advanced clinical nursing program locally, nationally and globally, offering educational opportunities in research, advanced nursing practices and community services and empowering nursing professionals as leaders in the dynamic health care delivery system

THE MISSION OF THE SCHOOL OF NURSING

The mission of the School of Nursing is to promote an innovative, caring, and collaborative learning environment that prepares graduates to demonstrate integrity and assimilate advanced knowledge and clinical experiences to assume advanced roles as clinicians, educators, researchers, and administrators

SCHOOL OF NURSING'S CORE VALUES

- Accountability & Transparency
- Integrity and equity
- Caring
- Excellence
- Innovation
- Diversity
- Compassion
- Social justice
- Leadership & Teamwork
- Discipline
- Arab and Islamic values

1	Course title	Theoretical Foundation for Psychiatric Nursing
2	Course number	0701727
3	Credit hours (theory, practical)	3 Credit hours (Theory)
	Contact hours (theory, practical)	3 Contact hours
4	Prerequisites/corequisites	NA
5	Program title	Clinical Nursing/ Psychiatric Mental Health
6	Program code	
7	Awarding institution	The University of Jordan
8	Faculty	Nursing
9	Department	NA
10	Level of course	Master
11	Year of study and semester (s)	Elective Course
12	Final Qualification	
13	Other department (s) involved in teaching the course	NA
14	Language of Instruction	English
15	Date of production/revision	1/2018

16. Course Coordinator:

Name: Latefa Dardas
Office number: 207
Office hours: Tuesdays 2-3, Thursdays 2-3 pm
Phone numbers: 23174
Email: l.dradas@ju.edu.jo
Academic website: <http://eacademic.ju.edu.jo/l.dardas/default.aspx>
E-Learning website: <https://elearning.ju.edu.jo/>

17. Other instructors:

Name: Ayman M. Hamdan-Mansour
Office number: 227
Office hours: Sunday 10-12, Thursday 2-4pm
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E-Learning website: <https://elearning.ju.edu.jo/>

18. Course Description:

This course emphasizes critical analysis of theory and the use of theory as a base for psychiatric nursing practice. Theory analysis and evaluation are used to develop theory-based practice and the interrelationships among theory. In addition, the course will provide reviews major theoretical approaches to psychotherapy and psychiatric nursing. The course begins with psychoanalysis and proceeds through current "self-help" and social system approaches.

A- Aims:

This course introduces the student to the analytical skills essential for the scientific appraisal of theories and models relevant to psychiatric nursing. This analysis explores theory development, logical reasoning, and applicability of selected theories and models to psychiatric nursing education, research and practice. The course will equip students with the needed skills to utilize psychiatric theories as a base for psychiatric nursing practice.

B- Intended Learning Outcomes (ILOs): Upon successful completion of this course students will be able to :

1. Develop an understanding for the history and evolution of psychiatric theories and models
2. Examine the scientific, social, philosophical and/or theoretical bases for commonly held ideas/assumptions in the study of psychiatric nursing.
3. Analyze selected concepts pertinent to psychiatric nursing.
4. Recognize theories and models in psychiatric nursing, discuss the major premises of each, and systematically analyze and evaluate their components.
5. Apply the process of critical thinking in applying psychiatric nursing concepts to an area of interest.

Intended Learning Outcomes (ILO)

ILO 1: Utilize up-to-date knowledge and holistic perspective in advanced psychiatric mental health nursing management of health and disease states.

Specific Course Objectives	1.1 Develop an understanding for the history and evolution of psychiatric theories and models
Relevant Competency (JNC)	Standards of psychiatric nursing care
Evaluation Methods	Short paper
ILO 2: Demonstrate competence within the area of clinical specialization in psychiatric mental health nursing through the application of nursing knowledge and skills and other sciences to promote health of individuals, families, and communities.	
Specific Course Objectives	2.1 Develop an understanding for the history and evolution of psychiatric theories and models
Relevant Competency (JNC)	Evidence-based nursing practice
Evaluation Methods	Research Proposal, concept analysis, and short paper
ILO 3: Practice within professional, legal and ethical advance practice context.	
Specific Course Objectives	3.1 Apply the process of critical thinking in applying psychiatric nursing concepts to an area of interest.
Relevant Competency (JNC)	Evidence-based nursing practice
Evaluation Methods	Research Proposal
ILO 4: Maximize use of information technology applications to enhance advanced roles of psychiatric mental health nursing practice, education, and research.	
Specific Course Objectives	4.1 Develop an understanding for the history and evolution of psychiatric theories and models 4.2 Examine the scientific, social, philosophical and/or theoretical bases for commonly held ideas/assumptions in the study of psychiatric nursing. 4.3 Recognize theories and models in psychiatric nursing, discuss the major premises of each, and systematically analyze and evaluate their components. 4.4 Apply the process of critical thinking in applying psychiatric nursing concepts to an area of interest.
Relevant Competency (JNC)	Evidence-based nursing practice
Evaluation Methods	Research Proposal and Theory presentation
ILO 5: Apply research and evidence-based nursing practice to improve nursing practice, quality of client care, safety and outcomes.	
Specific Course Objectives	5.1 Apply the process of critical thinking in applying psychiatric nursing concepts to an area of interest.
Relevant Competency (JNC)	Evidence-based nursing practice
Evaluation Methods	Research Proposal
ILO 6: Apply leadership skills and decision making in providing nursing care and safe care delivery to individuals, populations, or communities across health care delivery system.	
Specific Course Objectives	6.1 Apply the process of critical thinking in applying psychiatric nursing concepts to an area of interest.
Relevant Competency (JNC)	Evidence-based nursing practice
Evaluation Methods	Research Proposal
ILO 7: Demonstrate competencies in communication, collaboration, and consultation skills required in the advanced inter-professional teams and health care recipients in the advanced nursing management of health and disease states.	
Specific Course Objectives	7.1 Apply the process of critical thinking in applying psychiatric nursing concepts to an area of interest.

Relevant Competency (JNC)	Evidence-based nursing practice
Evaluation Methods	Research Proposal
ILO 8: Develop and improve the role of educator in nursing practice within the area of clinical specialization in psychiatric mental health nursing.	
Specific Course Objectives	<p>8.1 Develop an understanding for the history and evolution of psychiatric theories and models</p> <p>8.2 Examine the scientific, social, philosophical and/or theoretical bases for commonly held ideas/assumptions in the study of psychiatric nursing.</p> <p>8.3 Analyze selected concepts pertinent to psychiatric nursing.</p> <p>8.4 Recognize theories and models in psychiatric nursing, discuss the major premises of each, and systematically analyze and evaluate their components.</p> <p>8.5 Apply the process of critical thinking in applying psychiatric nursing concepts to an area of interest.</p>
Relevant Competency (JNC)	Evidence-based nursing practice
Evaluation Methods	Theory presentation, concept analysis, and research proposal

Intended Learning Outcomes (ILO)	
ILO 9: Prepare and present oral presentation to a professional standard	
Specific Course Objectives	<p>9.1 Develop an understanding for the history and evolution of psychiatric theories and models</p> <p>9.2 Analyze selected concepts pertinent to psychiatric nursing.</p> <p>9.3 Recognize theories and models in psychiatric nursing, discuss the major premises of each, and systematically analyze and evaluate their components.</p>
Relevant Competency (JNC)	Evidence-based nursing practice
Evaluation Methods	Theory presentation
ILO: Write a research proposal to a professional standard (<i>For Comprehensive Track</i>)	
Specific Course Objectives	10.1 Apply the process of critical thinking in applying psychiatric nursing concepts to an area of interest.
Relevant Competency (JNC)	Evidence-based nursing practice
Evaluation Methods	Research proposal
ILO 11: Write an original research to a professional standard that builds up knowledge in nursing discipline and other related sciences (<i>For Thesis Track</i>)	
Specific Course Objectives	11.1 Apply the process of critical thinking in applying psychiatric nursing concepts to an area of interest.
Relevant Competency (JNC)	Evidence-based nursing practice
Evaluation Methods	Research Proposal

20. Topic Outline and Schedule:

Topic	Week	Instructor	Achieved ILOs	Evaluation Methods	Reference
Introduction to Theories, models, Epistemology and Ontology	Week 1	Dr. Latefa Dardas	1.1, 2.1	Short Paper	Corey, G. (2015)
Foundations of Psychiatric Nursing	Week 2	Dr. Latefa Dardas	1.1, 2.1	Short Paper	Corey, G. (2015)
Analytical/ Developmental theories: Freud & Eriksson	Week 3	Dr. Latefa Dardas	1.1, 2.1	Concept Analysis/Theory Analysis	Corey, G. (2015)
Analytical/ Developmental theories: Jung & Kohlberg	Week 4	Dr. Latefa Dardas	2.1, 8.4, 8.5	Concept Analysis/Theory Analysis	Corey, G. (2015)
Behavioural theories: Watson	Week 5	Dr. Latefa Dardas	2.1, 8.4, 8.5	Concept Analysis/Theory Analysis	Corey, G. (2015)
Behavioural theories: Skinner & Pavlov	Week 6	Dr. Latefa Dardas	2.1, 8.4, 8.5	Concept Analysis/Theory Analysis	Corey, G. (2015)
Cognitive theories: Beck	Week 7	Dr. Latefa Dardas	2.1, 8.4, 8.5	Concept Analysis/Theory Analysis	Corey, G. (2015)
Person-Centered Theory	Week 8	Dr. Latefa Dardas	2.1, 8.4, 8.5	Concept Analysis/Theory Analysis	Corey, G. (2015)
Gestalt Theory	Week 9	Students	2.1, 8.4, 8.5	Concept Analysis/Theory Analysis and Class presentation	Corey, G. (2015)
Feminist Theory	Week 10	Students	2.1, 8.4, 8.5	Concept Analysis/Theory Analysis and Class presentation	Corey, G. (2015)
Family Systems Theory	Week 11	Students	2.1, 8.4, 8.5	Concept Analysis/Theory Analysis and Class presentation	Corey, G. (2015)
Adlerian Theory	Week 12	Students	2.1, 8.4, 8.5	Concept Analysis/Theory Analysis and Class presentation	Corey, G. (2015)
Existential Theory	Week 13	Students	2.1, 8.4, 8.5	Concept Analysis/Theory Analysis and Class presentation	Corey, G. (2015)
Postmodern Approaches	Week 14	Dr. Latefa Dardas	2.1, 8.4, 8.5	Concept Analysis/Theory Analysis	Corey, G. (2015)

An Integrative Perspective	Week 15	Dr. Latefa Dardas	1.1, 2.1, 3.1, 4.1, 4.2, 4.3, 4.4, 5.1, 6.1, 7.1, 8.1, 9.1, 9.2, 9.3	Concept Analysis/Theory Analysis	Corey, G. (2015)
Research Proposal	Week 16		1.1, 2.1, 3.1, 4.1, 4.2, 4.3, 4.4, 5.1, 6.1, 7.1, 8.1, 9.1, 9.2, 9.3	Research Proposal	Corey, G. (2015)

21. Learning Methods and Assignments:

Development of ILOs is promoted through the following teaching and learning methods:

Instructional Methods	
• Direct Instruction	<ul style="list-style-type: none"> • Interactive lectures • Case-study discussion • Students presentation
• Interactive Instruction	<ul style="list-style-type: none"> • Group discussions • Role playing • Video-clip analysis • E-learning using Moodle
• Experiential Learning	<ul style="list-style-type: none"> • Assignments and exercises
• Independent Study	<ul style="list-style-type: none"> • Assigned readings and exercises • Reflective journalizing • Learning through drama analysis

22. Evaluation Methods and Course Requirements:

Opportunities to demonstrate achievement of the ILOs are provided through the following assessment methods and requirements:

Evaluation Methods	
Exams	Assigned Points
A. Short Paper	10%
B. Concept analysis & presentation	30%
C. Theory analysis	30%
D. Research Proposal:	30%
Total	100%

23. Course Policies:

A- Attendance policies:

- Students must attend all classes of this course.

- Any student with absence of 15% of the classes of any course, will be illegible to sit for the final exam and will be given the university zero (C grade) in this course.
- In the case (b) above, if a student submits an official sick report authenticated by university clinic or an accepted excuse by the Dean of his/her faculty, the student will be considered as withdrawn from the course, and a "W" will be shown in the transcript for this course.
- Students are not allowed to come late to classes. Any student coming late will not be allowed to attend the class and he/she will be marked absent.

B- Absences from exams and handing in assignments on time:

- Failure in attending a course exam other than the final exam will result in zero mark unless the student provides an official acceptable excuse to the instructor who approves a makeup exam.
- Failure in attending the final exam will result in zero mark unless the student presents an official acceptable excuse to the Dean of his/her faculty who approves an incomplete exam, normally scheduled to be conducted during the first two weeks of the successive semester.
- Assignments and projects should be submitted to the instructor on the due date.

C- Health and safety procedures: NA

D- Honesty policy regarding cheating, plagiarism, misbehaviour:

- Cheating, plagiarism, misbehaviour are attempts to gain marks dishonestly and includes; but not limited to:
 - Copying from another student's work.
 - Using materials not authorized by the institute.
 - Collaborating with another student during a test, without permission.
 - Knowingly using, buying, selling, or stealing the contents of a test.
 - Plagiarism which means presenting another person's work or ideas as one's own, without attribution.
 - Using any media (including mobiles) during the exam
- The participation or the commitment of cheating will lead to applying penalties according to the University of Jordan Students' Discipline rules and regulations No. (94, 49, 47,27, 29):
<http://units.ju.edu.jo/ar/LegalAffairs/Regulations.aspx>

E- Examination Instructions for Students

- Bring with you all exam requirements (blue pen, pencils, sharpener, eraser, calculator etc.), borrowing from others is not allowed.
- Do not bring any material related to the exam
- Do not bring your mobile phone to the Exam room
- Be in the exam room at least 10 minutes before exam starting time
- It's not allowed to enter the exam room late. In case of coming late you have to contact the course coordinator immediately
- It's not allowed to leave the Exam room before the end of the END OF AT LEAST ONE-THIRD OF THE EXAM TIME.
- Write your name and university number on the exam paper and computerized sheet using **Blue** pen only.
- Use pencil **ONLY** to shade your answers on the computerized answer sheet.
- Do not leave examination room except under exceptional circumstances at the discretion of the Senior Invigilator and you should be accompanied by an invigilator, if needed.
- For Re-exam issue refer back to the university rules.

F- Grading policy:

A grade of (D) is the minimum passing grade for the course.

Mark Range	Grade
0-50	C
50-59	C +
60-69	B -
70-75	B
76-80	B +
81-84	A -
85-100	A

G- Available university services that support achievement in the course:

- Faculty members website
- E-Learning website

24. Required equipment:

- Audio-Visual Aids
- Faculty member's Website
- E-Learning Website

25. References:**A- Required book (s), assigned reading and audio-visuals:**

Corey, G. (2015). Theory and practice of counseling and psychotherapy. Nelson Education.

B- Recommended books, materials, and media:

- Townsend Mary C., Morgan, K.I. (2017). Essentials of psychiatric mental health nursing: concepts of care in evidence-based practice. (7th Ed) F.A. Davis Company; Philadelphia
- Faculty member's Website
- E-Learning Website

26. Additional information:

- In addition to lectures, this course involves extensive class participation, discussion, feedback to your peers, and role-plays.
- Class attendance is critically important. If you miss class, you are responsible for all notes and exercises completed that day.
- This course also involves weekly completion of various combinations of online assignments and readings.
- At least 10% of the course lectures will be in the forms of online-activities through the e-learning website where no physical class attendance is required. You will be informed about these lectures in advance.
- Participation grade will include an evaluation of you active participation in in-class discussions, role playing, and online through e-learning. Therefore active participation is strongly encouraged.
- It is expected that you will submit all assignments on time. If you need an extension, it must be requested before the due date and may or may not be approved at the discretion of the course coordinator. Unexcused late assignments will be penalized 10% per day for each of the first two days overdue; on the 3rd day, the grade will be assigned as 0%.

Name of Course Coordinator: -----Signature: ----- Date: -----

Head of curriculum committee/Department: ----- Signature: -----

Head of Department: ----- Signature: -----

Head of curriculum committee/Faculty: ----- Signature: -----

Dean: ----- -Signature: -----

Copy to:

Head of Department
Assistant Dean for Quality Assurance
Course File